





foraminiferen
Fauske Marble
175cm x 60cm x 60cm
2024

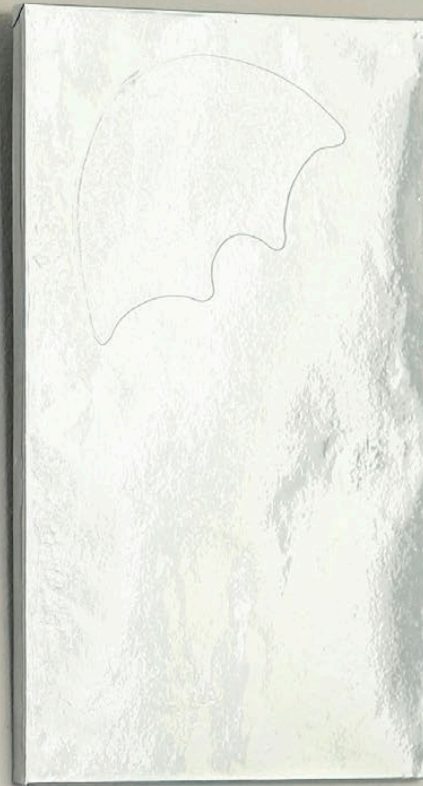
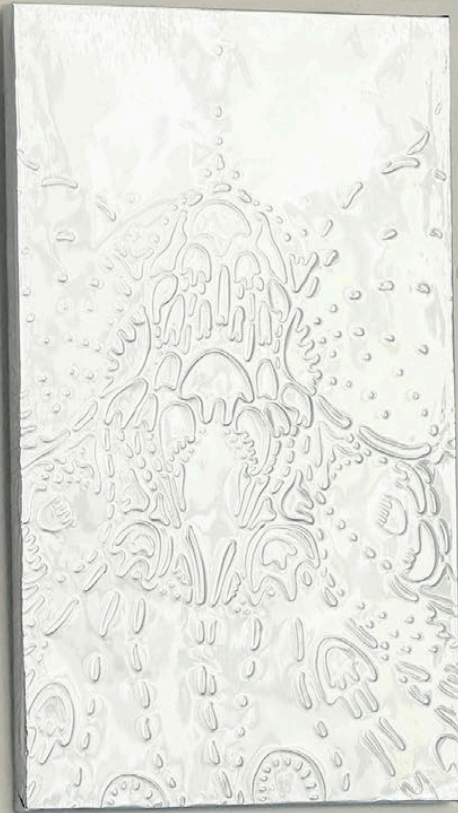
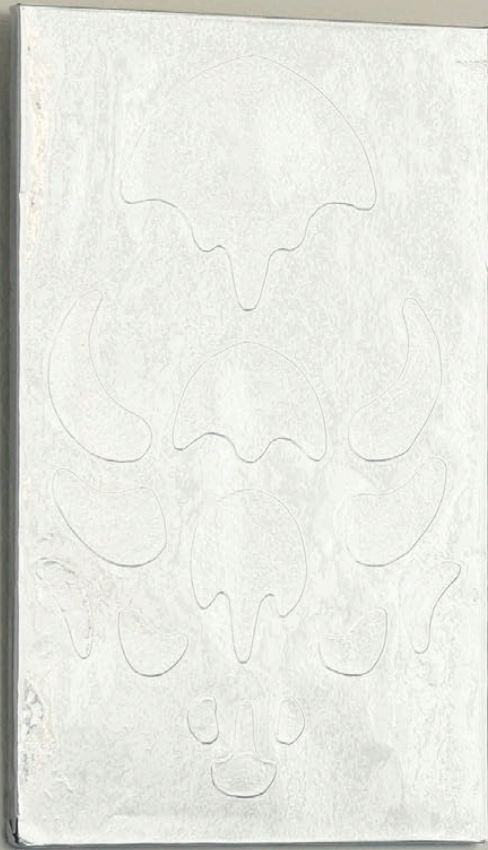


foraminiferen
Fauske Marble
175cm x 60cm x 60cm
2024



stop me later series
Paperwork+Metal+Bag
ca. A3
2023

o.T., stop me later series
Marble block, Aluminium cast
40cm x 20cm x 15cm
2024



o.T., stop me later series
various aluminium embossings on wood
ca. A4
2024



*Sie haben Ihr Ziel erreicht.
(you have reached your destination)*
Print on polyester silk and aluminium cast
120cm x 80cm
2024



left:
pressure pressure precious pressure
aluminium embossing on wood
ca. A4
2024



above:
detail of o.T., (stop me later series)
marble, band-aid, aluminium cast
120cm x 40cm
2024



o. T.
lime stone
170cm x 30cm
2023

memories of matters

Greek marble, straps, suction cups, mirror, safety glass.

140cm x 120cm x 40cm

2023





carry me, weight (series)
Greek marble, straps, dip bars, rubber..
100cm x 90cm x 60cm
2022



carry me, weight (series)
Italian marble, metal bar, foam.
120cm x 30cm x 30cm
2022





carry me, weight (series)
Greek marble, rope, metal plates.
40cm x 40cm x 40cm
2022



right: carry me, weight (series) „Atlas and Axis“
poster (digital drawing/collage)
A3
2022



carry me, weight
(process detail)
40cm x 40cm x 40cm
2022



right: carry me, weight (series)
digital collage
21cm x 28cm
2022

Just don't.

*Impossible is
nothing
every*



While playing with aesthetics of gym culture and thinking about the relationship of work, working-out and the body through different times of human history, for the *carry me weight series*, I also wanted to question the role of big sports companies.

The urge to self-optimize and be „the better version of oneself“ has become a huge market. As much as sports can boost self-love and confidence, the omnipresent representation of „better“ bodies and perfectly shaped efficiency also can be exploitive and harmful.

The de-motivational towel is ironically quoting and adjusting the slogans of the five biggest sports companies.



Be more human
Forever Fast
Play it your way

miaou miaou



de-motivational towel
towel, printed
140cm x 100cm
2022





udders.
pull up bar, rubber strap, plastillin, tape.
ca.: 100cm x 60cm x 60cm
2021



The video was made by attaching a phone with duct tape to my belly and recording my daily hike as cow-herder.

Its shows closeups of the ground, my feet, hands, sometimes the surrounding, bumping in the rhythm of my walking pace.

The audio is a recording of a text I wrote about the impact of continuous walking on the mind of the herder and was recorded while walking on the treadmill.

The treadmill is transformed into a morph between technical efficiency and fitness, and anachronistic organic animal aesthetics. It resembles a creature in between the urban and the rural.

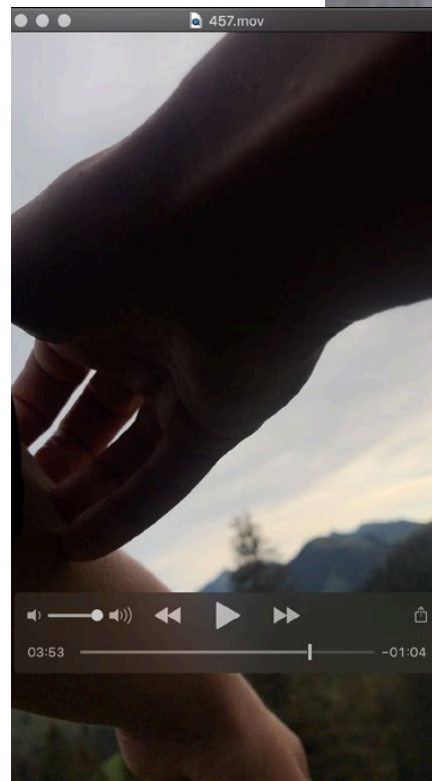
This work is questioning the physical involvement in 21st century urban daily life and work environments.

walki talki

sculpturally transformed treadmill, video/audio raisin, treadmill, rubber straps, pigments

120cm x 120cm 60cm

2021





Herd/Arting is a publication about the relationship of the herder and the artist. It contains poetic texts as much as critical theory, cultural history and pieces of art... Cows, mountains, muscles and a fitness treadmill, hills of udders and knees tied up with band aid. The motive was to find out, how my practice as a cow-herder in the Swiss Alps is related visual art. By unraveling the different threads and tissues, that run through, out of, and into those two practices, I am examining matters crucial to both fields: The Body, the non-human, the urban/the rural, art-ing as action, specific ways of seeing, communication of a cow. Other thinkers and practitioners are visited and questioned along the way, as much as my own works of art, memories, and thoughts. The aim was, to define a set of principles, that can be interwoven into a navigation net, facing ever-fluid truths and values, environmental distress, and multidisciplinary artist hood. The installation is playfully inviting viewers to interact with and relate to the resulting publication.

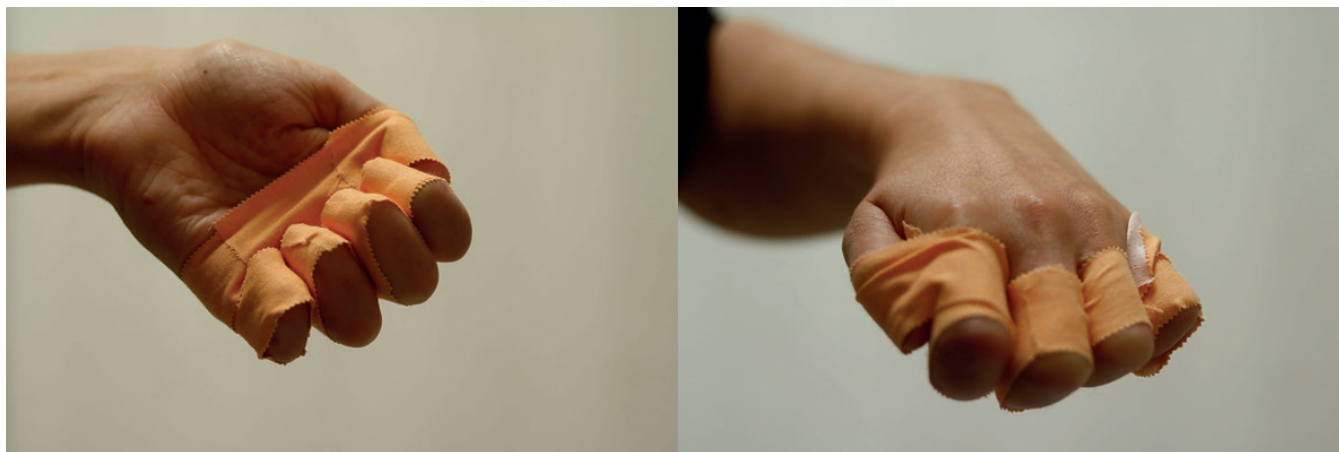
Herd/Arting was my Master Fine Arts Project and it was nominated for the EKP Excellence in Research Prize.

herd/arting
 book, dog leashes, horns, poster, milking chair.
 different sizes
 2022

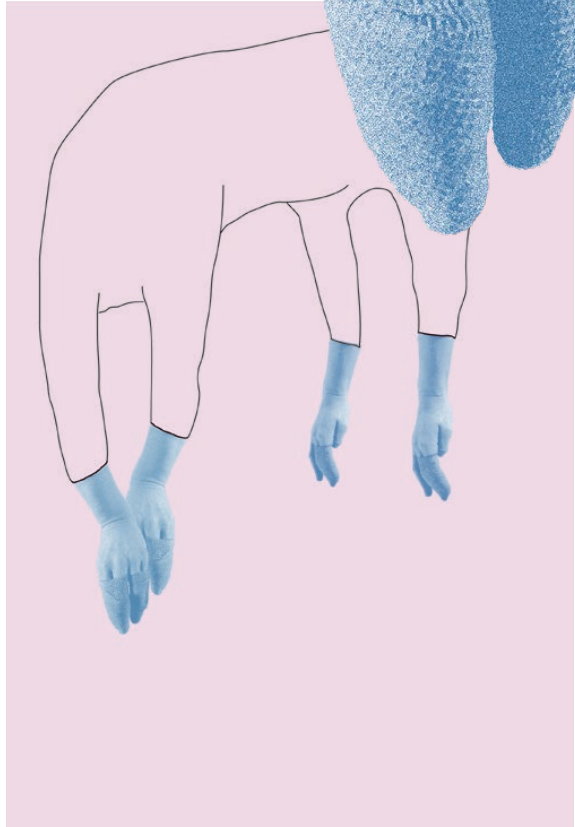
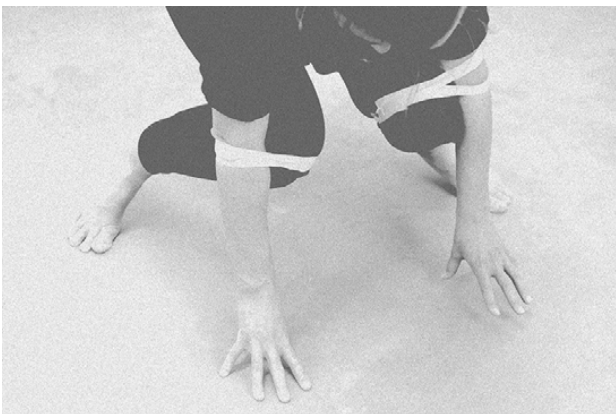




prosthesis series
ceramics, objets trouves
diverse sizes.
2021



prototaping series
performances, photo, video.
ongoing since 2021



prototaping series
performances, photo, video.
ongoing since 2021

In the prototaping series I make experiments and videos while having my body restricted by tape aid in various ways.

I explore shapes and movement of an altered body constellation, posture, moveability:

What happens if hands become feet, head goes down, knees can't straighten up, elbows are attached to knee.

I enjoy shifting the shape of my own body and to re-learn how to move with my "new" body.

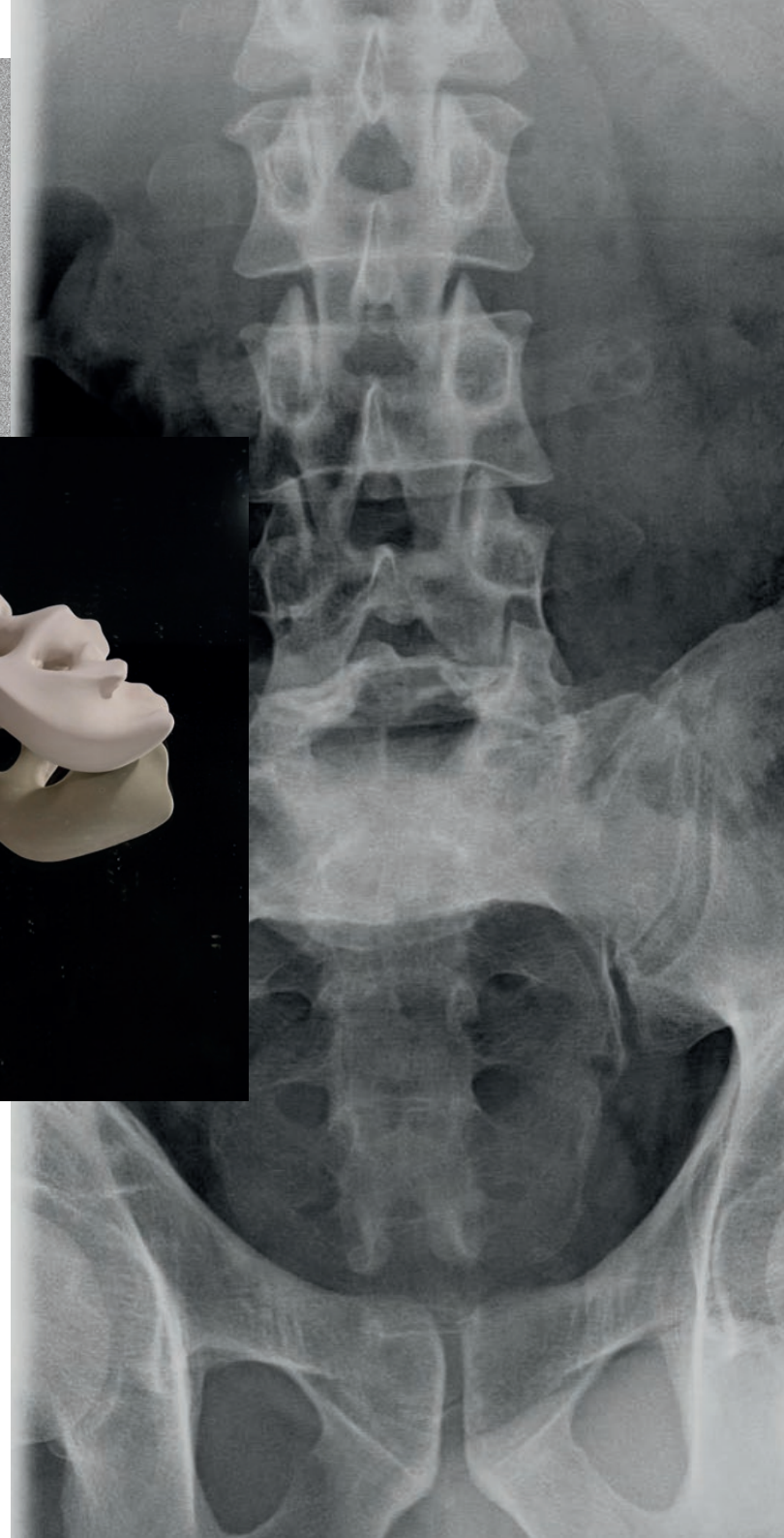
How to walk, how to sit, how to rest, how to run.

Becoming a coral, becoming a cow, having paws, being paralyzed in motion but sensing, what happens to the thinking when the head is not up and the hands are not free?

Dealing with the fluidity/stability of shapes and meaning. Meaning is created by shape and shape is recognized by meaning, I like playing with that.

Restrictions of my own body as method to evaluate the potential of shape shifting into other life forms. Restriction as potential.

Any shape as prototype of other shape. Limitation of habitual motions as trigger for inventive motions.



Investigating my backproblems, I learned I was suffering from an innate condition, in which a lower vertebrae was growing freely into new shapes, causing trouble but also proving, that evolution is an ongoing process still. This reminded me of a basic course in the beginning of my BA studies with Prof. Jochen Breme as teacher of metamorphosis of shapes, especially bones and of a book by L.F.C. Mees.

I then made a series of forms, starting from a thigh bone growing into free shapes.

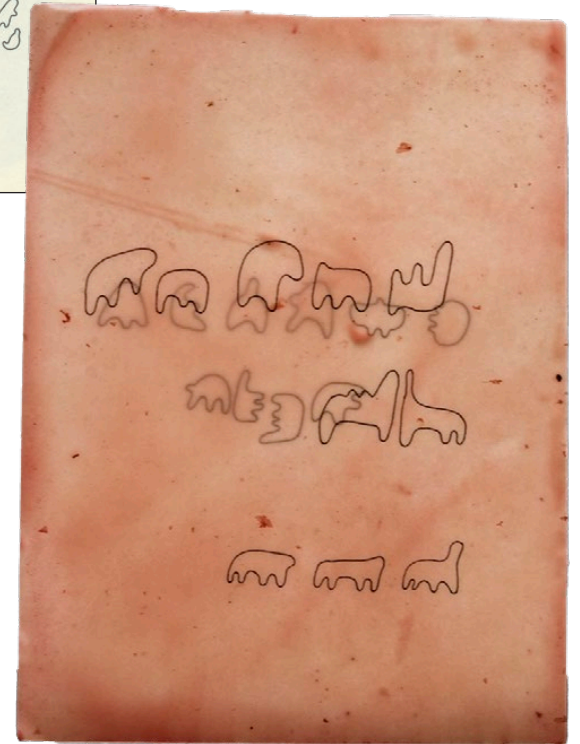
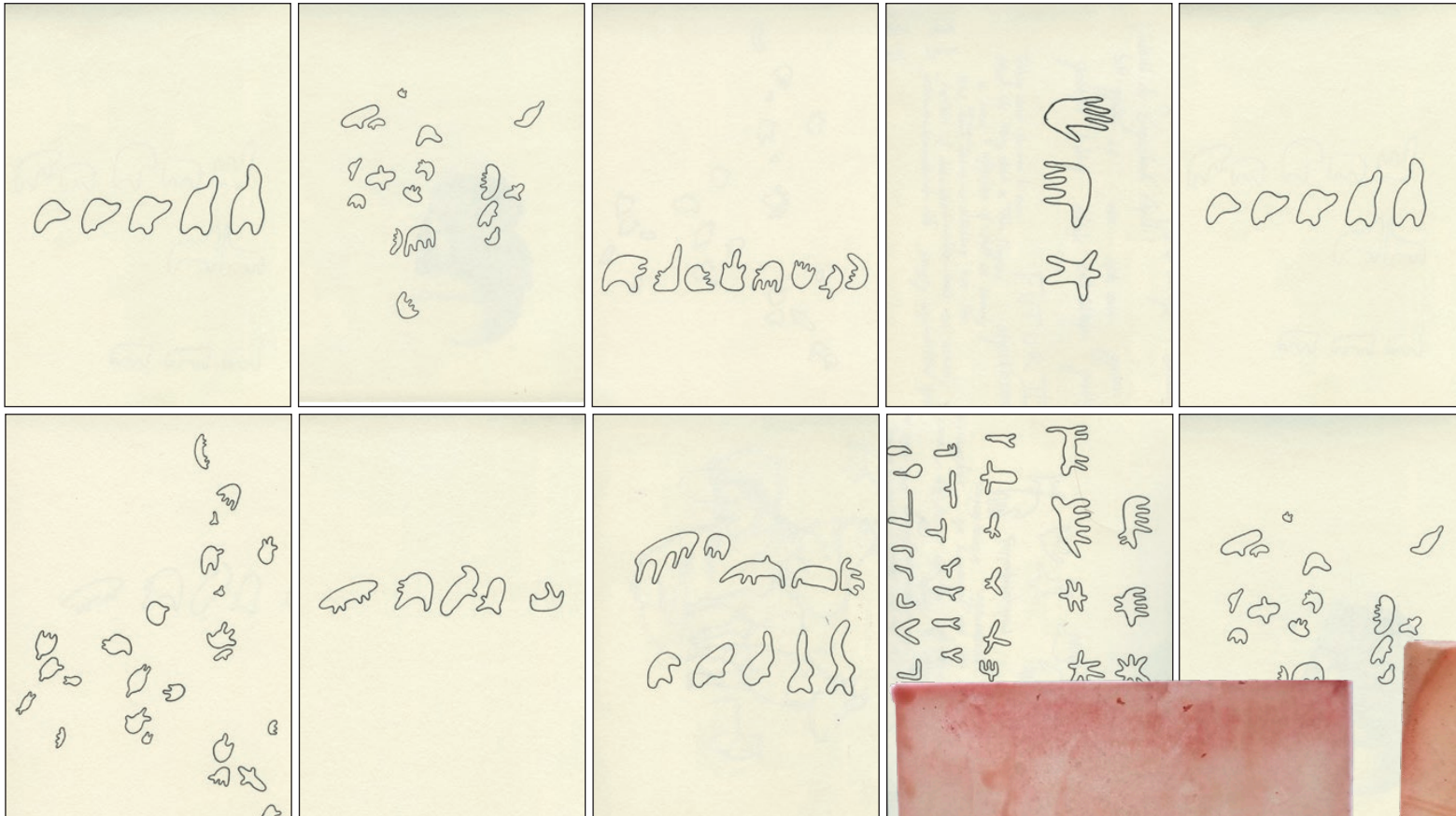
In total I made 13 Forms all reaching back to the first one.

Some of the shapes occurring on the way I find very interesting, because they are at the same time very abstract, but still reminding of something, which is one of the key qualities I search for in my artistic processes. I put some of the forms onto my body following a impulsive observation of them looking like an exo-skeleton as much as an endo-skeleton. As in *Prototyping Series*, this is as a research on how the body/any shape can be seen as a juvenile form of anything and an investigation growth.

metamorphosis series
13 pieces, ceramics.
diverse sizes.
2021



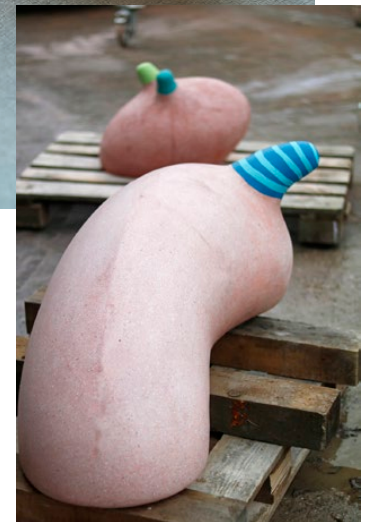
metamorphosis series
13 pieces, ceramics.
diverse sizes.
2021

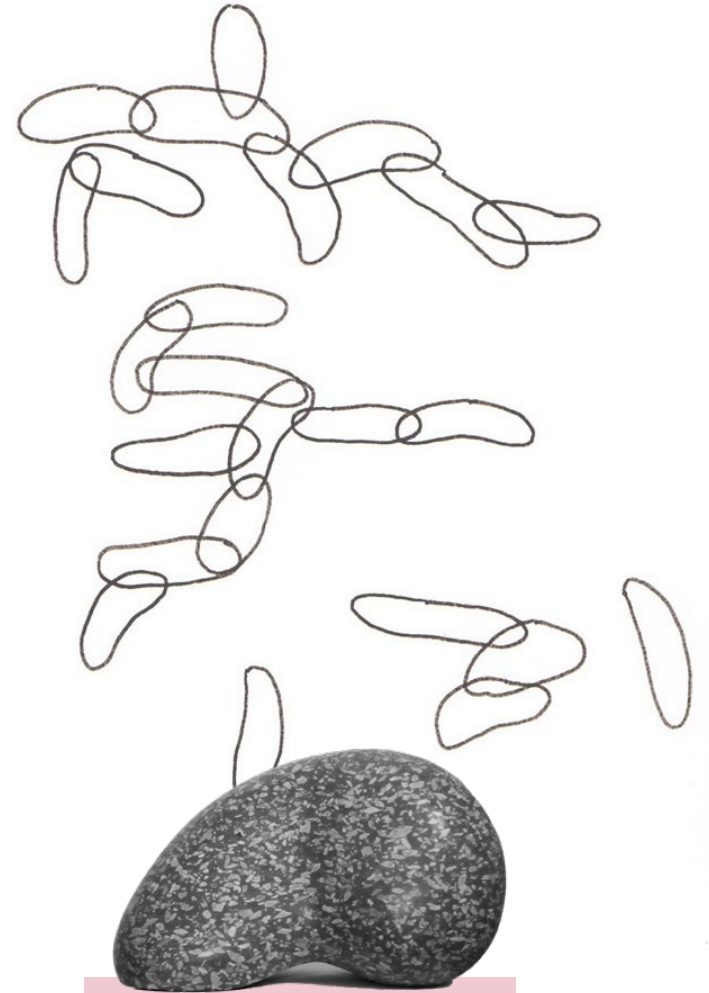
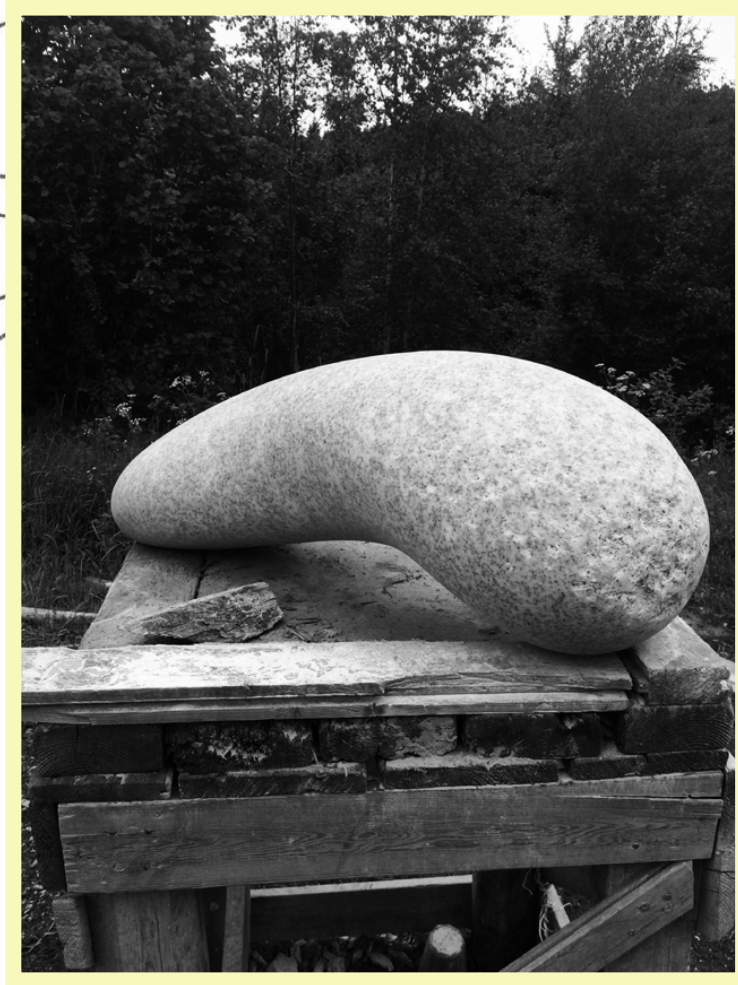


pre-intentionals series
 various ceramics, drawings, paintings
 beeswax, paper, clay...
 2017 - ongoing



4 Phantasiewesen/diverse Modelle
Comission for German Kindergarden
Pigmented Marble Concrete/Paint
ca.: 80cm - 140cm
2021 together with Eva Hermens





pre-intentionals series: Elliot+Emil+Elsa
Norwegian Granite, Norwegian Porphyry
30cm - 80cm
2022, 2017



the herd
about 18 udders made from fabric
from 20cm to 2,5 meters
2019





This sculpture was made during my stay at the *Symposium Norge* where I worked and lived 7 weeks together with 8 other international artists at the Larvik Quarries of Lundhs As.

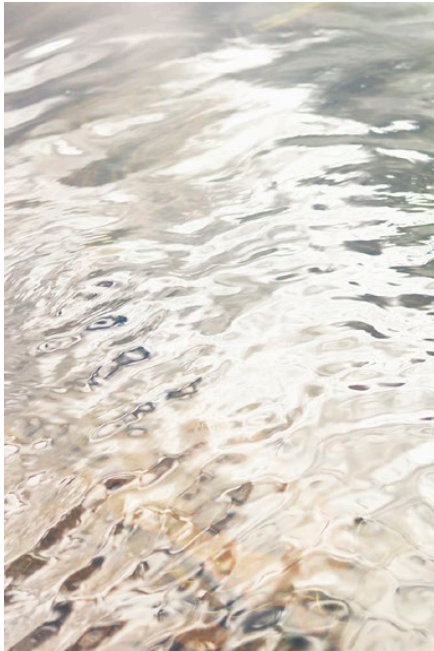
The idea was to keep the character of the stone, powerful, rough and shaped by natural forces, but still create a strong gesture and by that combine sculpting - my story - with the story the stone was telling. I wanted to give an inner life to the block: Sensitive, soft, secret and magical. The flowing round shapes of the inside were inspired by the washed off rocks at the Norwegian shorelines, where water and stone meet. I knew, that the Larvikite has those mesmerizing blue crystals, so I wanted to let the stone show its inner beauty on the inside without taking away the calm, peaceful power of the outside shape.



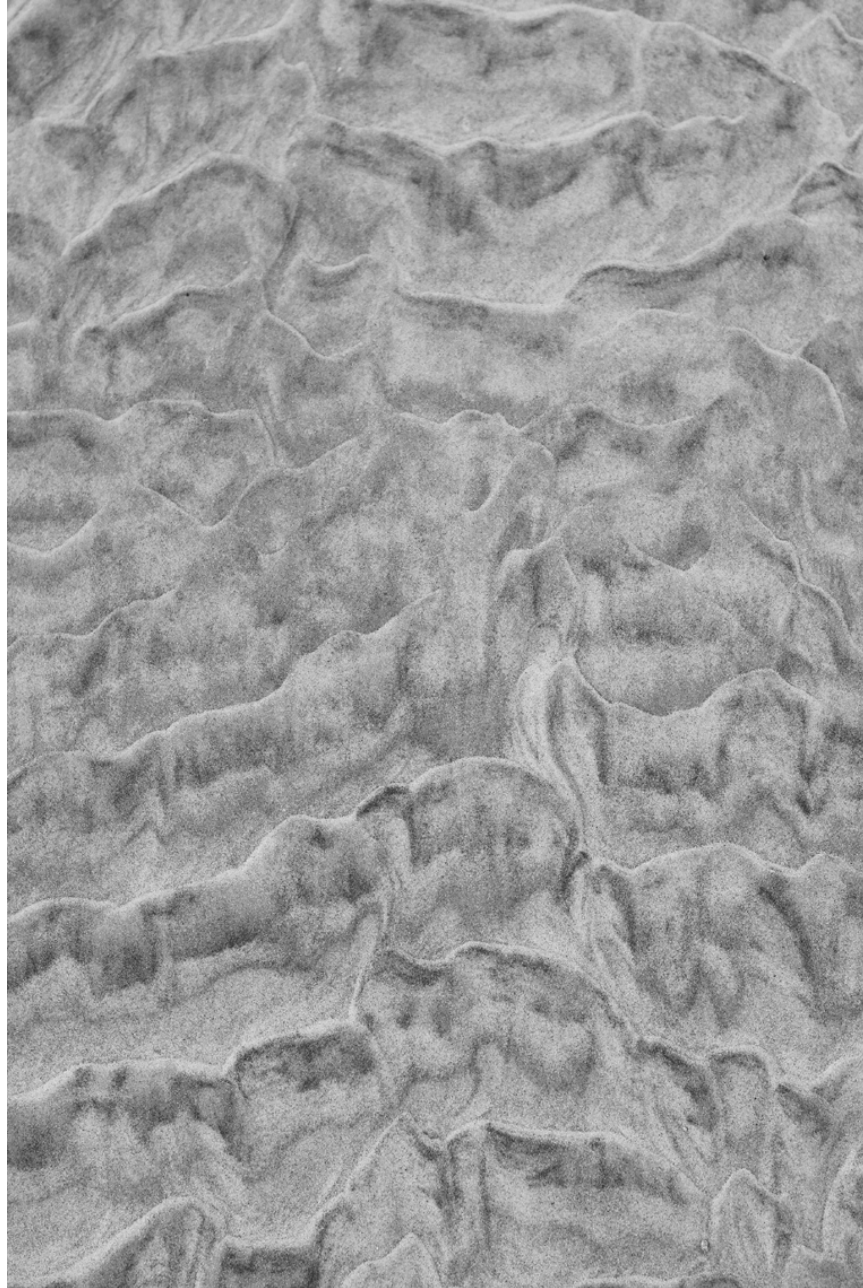
Trollstein
Norwegian Granite/Emerald Pearl Larvikite
about 4m³
2022

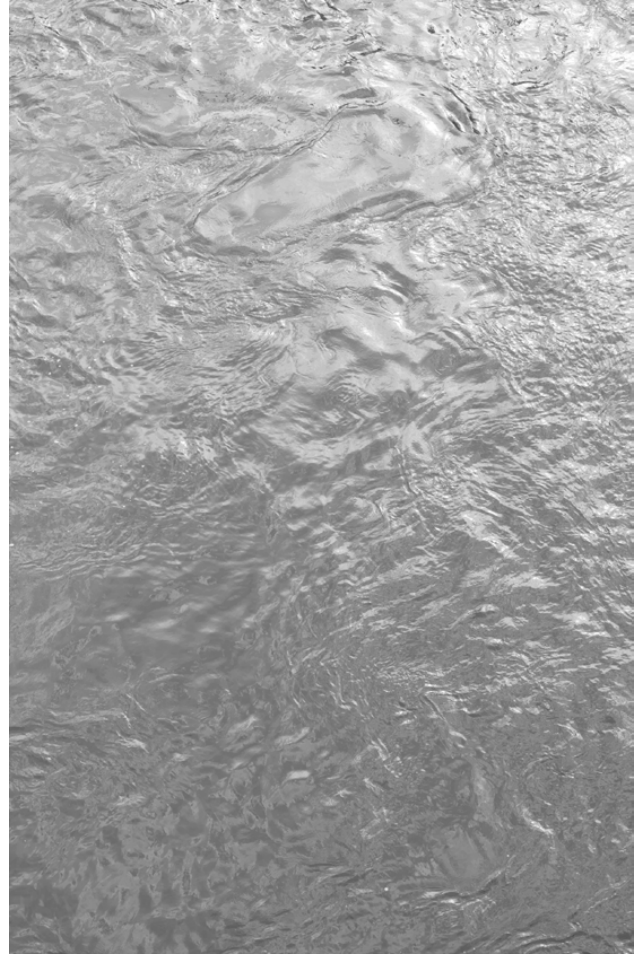
Norwegian Sea
Surfaces series
2022





River Logan/Tel Aviv beach
Surfaces series
2022/2017





Bonn
Surfaces series
2017



right:
o.t. tritych
ink, acrylic paint
ca. A3
2017



above:
o.t.
etchings in wax (various)
20cm x 17 cm
2021
right:
o.t.
drawing
220cm x 100 cm
2017





a n n e p a u l i n e b e r g e r @ g m a i l . c o m
p a u l i n e b e r g e r . c o m

Foto on first page from stop me later series foto on this page from prototaping series.